



Eggleston
YOUTH CENTERS, INC.

Take **Charge** of Your **Health**

Learn about HIV prevention, testing, treatment, and support services designed to help you stay informed, protected, and connected to care.



Detection & Testing

Know Your Status. Protect Your Health.

HIV testing is the only way to know your status, and many people living with HIV may not have symptoms for years. Early detection gives individuals the opportunity to begin treatment sooner, stay healthy, and reduce the risk of transmission. Testing is confidential and may be available for youth ages 12 and older. Depending on the provider, testing options can include rapid or standard tests using blood or oral fluids. Taking the step to get tested is a responsible choice that helps protect both you and your community. Support services such as counseling, case management, and referrals to care and prevention programs may also be available after testing.





Prevention & Education

HIV is transmitted through specific bodily fluids, including blood, semen, vaginal or rectal fluids, and breast milk. It is not spread through casual contact such as hugging, sharing food, or everyday interactions. Common risk factors include unprotected sex and sharing needles, but there are many ways to reduce the risk of HIV transmission. Prevention methods include using condoms, avoiding shared needles, getting tested regularly, and using medications like PrEP, which can help prevent HIV when taken consistently. PEP may also help prevent HIV if started within 72 hours after possible exposure. With proper treatment, people living with HIV can live long, healthy lives, and individuals with an undetectable viral load cannot transmit HIV through sex (U=U). Community-based programs also provide education, prevention resources, and ongoing support.

Contact Us

 **Irwindale, CA**
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 **Monday - Thursday** 8:30 AM – 9:00 PM
Friday 8:30 AM - 5:00 PM
Saturday and Sunday Closed

 **Phone**
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